



Nurtured Heart Approach®

For further information and to register
leave your email address with
Kyabra's Intake Team on 07 3373 9499



What is Nurtured Heart Approach®?

"It is a simple framework which nurtures and grows a child's positive sense of self. All children who have been introduced to this approach flourish and learn to appreciate what is great about them."

***Changes to Nurtured Heart Approach delivery.
The course will now be online via Zoom.**

**This will be a limited group size so please book early.
You will need a computer (with microphone and camera access)**

*If you require support
setting up Zoom call us
and ask for the Group
Work & Training Team
Zoom Support!*

**Join us every
Thursday 24th February to
Thursday 31st March 2022
6:00 pm - 8:00 pm**



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What is the Nurtured Heart Approach®?

The Nurtured Heart Approach® is a relationship-focused methodology for helping children (and adults) build their Inner Wealth™ and use their intensity in successful ways. It has become a powerful way of supporting and growing the inherent strengths in all children.

The essence of the Approach is a set of core methodologies originally developed for working with the most difficult children. It has a proven impact on every child, including those who are challenged behaviourally, socially. The Nurtured Heart Approach has been shown to create transformative changes in children diagnosed with ADHD, Oppositional Defiant Disorder, Reactive Attachment Disorder and other behavioural, emotional and anxiety related symptoms.

Traditional approaches often fall short of promoting the Inner Wealth/Self Esteem, essential for children to build successful relationships. This method has helped thousands of families, educators, and child advocates channel a child's intensity in beautifully creative and constructive ways – helping children achieve new emotional confidence. Children get so much more relationship or connection with the adults in their world when things are going wrong. This is the foundational error in conventional ways of parenting and school discipline.

The Nurtured Heart Approach will bring you to understand how your best efforts may actually fuel the fire of challenging behaviour – and how to make simple shifts that will change everything.

"My husband and I were desperate to find an approach that worked for our 'high energy' 6 year old boy. No form of discipline whatsoever would make him listen to us or follow rules. He had always been a handful but somehow things had gone from bad to worse. Nurtured Heart Approach transformed my son into a well behaved, considerate boy who LISTENS to his parents. I would consider that a miracle, and I am eternally grateful!"

*Anonymous
Mother*

To find out more visit the home of Nurtured Heart Approach,
<https://childrensuccessfoundation.com/about-nurtured-heart-approach/>