

Kyabra is committed to supporting you and your family with information and resources to ensure a smooth transition to the NDIS.

We provide up-to-date information on our website, and encourage you to regularly check, as well as link in to our social media channels.



Email Kyabra@kyabra.org
Web www.kyabra.org
Facebook www.facebook.com/Kyabra
Twitter [@Kyabra_KCA](https://twitter.com/Kyabra_KCA)

Kyabra Community Association Inc.
Kyabra Street, Runcorn QLD 4113
T 07 3373 9499
F 07 3373 9444

Office Hours Monday to Friday 9am to 4:30pm

Limited Hours Childcare
Cnr Gager & Lister Streets
Sunnybank QLD 4109
T 07 3344 1488
F 07 3344 1988

Richlands Community Centre
75 Old Progress Road
Richlands QLD 4077

www.kyabra.org

Supported By



Australian Government
Department of Social Services



NDIS



What is the NDIS?

The National Disability Insurance Scheme (NDIS) is the new way of providing support for people with disability, their families and carers in Australia. It is transforming the way people with disabilities receive government support and funding.

To become an NDIS participant you need:

- ✦ To have a permanent impairment that significantly affects your ability to take part in everyday activities, or have a developmental delay
- ✦ Be aged less than 65 when you first apply to enter the NDIS;
- ✦ Be an Australian citizen or hold a permanent visa or a Protected Special Category visa

To check your eligibility, contact the NDIA on 1800 800 110 or www.ndis.gov.au

Kyabra and the NDIS

To assist people with disability, their families and carers to get ready for the NDIS, Kyabra has developed resources and has a dedicated pre-planning NDIS team.

Kyabra offers a range of supports and services as a registered NDIS Provider, and we work alongside NDIS Participants and their families to ensure their goals are being met.

Getting Ready for the NDIS

Kyabra has developed an NDIS pre-planning checklist and workbook available on our website, along with other resources that can help you get ready for your NDIS planning conversation.

A Kyabra Worker can guide you through the workbook and discuss your specific questions during a **FREE** 30-min Pre-Planning phone session.

Kyabra's NDIS Services

Support Worker Services

- ✦ Assistance with daily personal activities
- ✦ Household tasks
- ✦ Assistance with Social and Community Participation
- ✦ Improving individual life skills, development and training

Support Coordination

Plan Management



Support Worker Services

Kyabra is able to provide, one-to-one support with an experienced, friendly Support Worker to assist with:

Daily personal activities:

Showering/bathing, grooming, toileting, mobility, assistance with preparing meals, shopping and bill paying

Household tasks:

Domestic cleaning, laundry, meal preparation, unaccompanied shopping, bill paying and banking

Social and Community Participation:

Support to access and link into community based activities that build skills and independence.

Individual life skills development and training:

Develop specific skills in personal care, household tasks and life skills.



Support Coordination

A Kyabra Support Coordinator can help you strengthen your ability to implement and manage the supports and services in your plan.

This may include:

- ✦ Finding providers that meet your goals
- ✦ Help you find appropriate community, employment and accommodation options
- ✦ Help to manage your NDIS budget



Plan Management

NDIS Participants have 4 choices around how to manage the funding in their NDIS Plan:

1. Self managed
2. NDIA managed
3. Plan managed
4. A combination of these options

A Kyabra Plan Manager will :

- ✦ Manage supplier payments
- ✦ Liaise with NDIA on your behalf for NDIS funding and payments
- ✦ Help to monitor your NDIS plan spending